



THOUGHT-FULL MHST WHOLE SCHOOL APPROACH SESSION FEEDBACK



PARENT WORKSHOP

SESSION FEEDBACK SUMMARY

When:



08.07.24
15:30-16:45

Where:



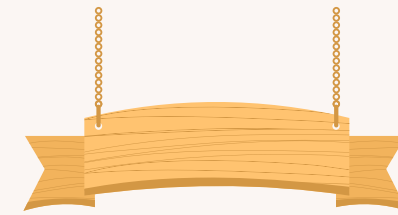
BOXGROVE

Who for:



PARENTS

What on:



MANAGING
FEAR &
WORRIES

Who by:



JEANNETTE

Number of
respondents:

5

✓ Would
attend again:

100 %

5 😊 4 😊 3 😐 2 😞 1 😞

Parent
Knowledge
Before:

4.60
/10

Parent
Knowledge
After:

8.88
/10

Would recommend
to others



100 %

Enjoyed the
session:

5

Learnt
something:

5

Felt it was
relevant:

5

Think it
will help:

5

Things parents valued from
the session:

All of it was extremely helpful
A space to listen and learn
Informative
Helpful advice about how to cope
with feelings etc
Knowing I am not alone
Really interesting and informative

What might you change or do
differently, following the session?

Use all of the tools given to help my child
understand
emotions
Taking the time to listen to my children's
worries
My language
How I react when my child is struggling
with things/
feelings
More understanding with how to deal with
situations

Other MHEW themes you'd
like to hear from us on:

Use of screen time
Sessions around food worries
Healthy relationships with
your body
Peer pressure

The session would have been
even more useful if:

N/A x 5

If you could tell fellow parents
ONE thing - what would it be?

It's helpful to understand your
children
To stop using the word anxiety
Helpful even if you aren't worried
about your child
Attend
It was really worth attending



Overall Satisfaction
with Workshop

9.8 / 10